



# Effects of Family Conflicts on Children's Personalities

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**Abstract:** Expecting good children can only be achieved through a harmonious family, but expecting to have good children is very difficult in a family that is constantly plagued with conflicts of various kinds. It is the first educational institution for children. There is evidence that unharmonious family relationships, especially between husbands and wives, adversely affect children's growth and personality development. Unless these efforts find effective solutions, it is feared that Muslims will not be able to realize their personalities in their lives. You must educate and teach children age-appropriate and practical worship. Within the home, children cannot be expected to serve as members of society. This study aims to predict how conflicts within the family affect a child's personality development. The method used is descriptive analysis and the data collection technology uses library research technology with a review system of a set of written sources within the library. As a result, it was found that conflicts within the family have a very large impact on the growth and development of a child's personality. A family that is not in harmony with itself cannot give its children the best advice and education. A child's personality in conflicted families influences the child's behavioral development, the child's intellectual development, and the child's religious development. As economic factors, early marriage and illness are the dominant factors causing family conflict, the younger generation is expected to prioritize economic maturity and pay attention to premarital age to avoid family conflict increase.

**Keywords:** Conflict Effects; Families; Children's Personalities.

## 1. Introduction

Humans are creatures that require social interaction between one person and another, as evidenced by the need from one person to another [1][2]. Basically, human life is greatly influenced by the environment [3], and if the environment is not good, the environment is not good [4]. If the environment is good, you can be educated and confident according to the environment. that he lives Considering this modern era, people have experienced many life changes that often see the world advancing in terms of culture, education, economy, morality and religion [5][6][7]. From these various developments, there are many negative impacts on the community due to the mixed influences of culture, religion and even the high tech world [8][9]. Completely free age changes associated with negative influences can affect a child's personality development both internally and externally [10][11]. If a child grows up in a messy home, their emotional life will be stressed and their social life will be more than in a normal home.

Parental influence has the greatest impact during a child's development during the first five years of life, especially if the child's personality formation is faulty [12]. The role of mothers and fathers here is to decide where to take their families, what colors to give them, and what content to give to their children [13][14]. In today's era of technology, economic recession, and globalization, family life can be disrupted by conflicts of various kinds [15]. It is common in mixed-education father-mother families, where the father received a strict authoritarian education and the mother was raised in a more democratic home environment [16]-[17]. In the absence of harmonious upbringing, fathers and mothers influence the child's character development, disrupted behavior, or rules to follow, and confusion becomes a major problem [18]. Inability to understand which norms are right and which are wrong [19][20].

Today, it is common to see family rifts leading to divorce. Divorce occurs due to the inevitability of conflicts, and a series of difficulties begins, especially for children. And it is not uncommon for fathers and mothers to quarrel with each other after internal conflicts and conflicts with their children. Many of the events that cause symptoms of deviant behavior in children make them mischievous, slow to learn, fond of arguing with their parents, anxious, and unwilling to get along (inferiority). Basically, children do all of this for self-satisfaction, because they need love, security, and wholeness in their families. If these things are not in the family, he seeks gratification outside the home. By focusing on the extent to which the family and home influence a child's physical and emotional growth and development. Interested in examining relationships. To avoid any misunderstanding regarding the title of this research paper, some of the terms used in the title should first be explained. The terms explained are; Influence, Family Conflict, Child's Personality.

## a) Influence

Influence is the force emanating from something (person, thing) that helps shape a person's character, beliefs, or behavior, and the influence parents have on their children is enormous [21]. said like this. According to some of these views, the influence the authors mean is the parent's reaction, which, for better or worse, influences the formation of the child's character.

## b) Family conflict

"Conflicts are conflicts of understanding, quarrels, quarrels, quarrels" [22]. The Complete Dictionary of Psychology says that conflict is the simultaneous occurrence of two or more opposing impulses or motives [23]. The definition of family in the Indonesian dictionary is: head)". Thus, family conflicts meant by the author are disagreements, quarrels, quarrels or quarrels that occur between a man and a woman living in a household with children.

## c) Child's Personality

Dr. Kartini Kartono (1974) states that personality is an organized collection of the physical qualities of an individual human being that gives the possibility of distinguishing common characteristics from other individuals' [24]. Agus Sujanto concludes his G.W. Allport (1937) states that this personality is a dynamic psychophysical organization rather than a person adapting to the environment [25]. On the other hand, Susilo Wirawan Sarwono definition of a child means people who are still small, helpless, and dependent on others "According to H.M. Still weak creatures: soul and body" [26]. The character of the child that the author means is the whole child, both mentally and physically, and that is what makes it different from other children. Here the child needs guidance and help from parents, the people around them, to mature and become independent.

As is well known, each issue discussed should have its own purpose in order to achieve its intended goal. Among other things, for the purpose of discussing this study in writing. 1) To clarify the causes of domestic conflicts, 2) To explain the influence of domestic conflicts on children's behavior, intelligence, and religious development, 3) The results of this research are expected to be used in education. Materials for the head of the family to be used in the education of children and to expand the knowledge base in the field of Islamic education.

## 2. Background

Ratnawati, Abidin & Zulfikar (2020) "A harmonious home, your mother and father are in harmony and peace, the atmosphere is full of love, your children [27] and is strong from the tranquility of the home, where good civilization, security, and even social and national peace are affected [28]. It is very difficult to expect to have good children. What Sakinah means is a sense of peace, security and peace [29]. When the elements of spiritual and material needs are met in an appropriate and balanced way, one will feel sakinah. Conversely, if some or any of the above points are not met, the person becomes disappointed, restless, and restless. When these factors are not met, people tend to despair and often take the shortcut of ending their lives. Desirable life expectancies in secular life include health, clothing, food, housing, community, protection of human rights, etc. [30][31]. A person who is a sakinah in life is one who is in good health, has adequate food, clothing and shelter, is accepted in a civilized society, and whose basic rights are protected by religious, legal, and moral norms.

Thus, the definition of a sakinah family can be formulated as a family that is fostered by a legal marriage, able to fulfill spiritual and material needs in a proper and balanced manner, filled with an atmosphere of affection between family members and their environment in harmony, harmony, and able to practice, appreciate and deepen values. - Values of faith, piety, and noble character. "Conflict is a conflict of understanding, dispute, dispute, dispute". In the complete dictionary of psychology it is stated "Conflict is the simultaneous occurrence of two or more antagonistic impulses or motives". Conflicts that occur in a family have a very large influence on the development of the child's personality, family conflicts that occur here are not only husband and wife but also include family members. Conflict in the household is actually a normal thing, if husband and wife have never experienced conflict, maybe the road to marriage will feel slow, with conflicts that don't need to end in divorce, will be able to grow new paths for adjustment, mutual learning and mutual respect. "Conflict in the household can be a spice that will enhance the relationship and bond between husband and wife, even though this does not need to happen".

In carrying out the wheel of marriage there are many pressures that are difficult to overcome, but there are also additional pressures that are often unknown, these pressures come from outside the household which also affect the husband and wife relationship and these pressures can be easily resolved if there is an open community between people. elderly with children in the family. Many things cause conflict in a household, including husband and wife educational background, economy, sexual relations, lack of trust from both parties. Conflicts that continue to occur between husband and wife will have bad consequences for both parties, so that husband and wife have no hope of living in harmony in the household which results in not being able to feel happiness. One of the most vital functions of the family is to educate their children, which humans are far different from other creatures, humans without getting education in a broad sense will not be able to carry out their obligations in community life. Parents as pioneers in establishing a family or forming

the basics of a household, have a great responsibility towards all members of their family. If the parent ignores his responsibilities, a household will perish and will cause various kinds of conflicts that will occur between family members.

In children's education, there are various attitudes and behaviors of parents in dealing with children, all of which are aimed at the good of their own children. There are parents who educate in a hard way and do not contain a gentle attitude. This kind of education is referred to as authoritarian education, the results of which cannot be guaranteed to be satisfactory, because a child who is educated harshly will feel unloved, he will feel safe if he distances himself from his parents and he can even develop isolation from others. . These kinds of consequences will also easily arise, if the parents differentiate the affection between one child and another. Children who think of home as an unpleasant place, he feels he is being treated unfairly, maybe he also feels he is pressured and restrained. Children seem to see their homes and families as prisons, but objectively, they are very protected and loved. With a household situation that is always tense and full of violence, it will cause the child to run away and in his place of escape he may develop violent and naughty traits. There are also parents who give excessive affection or indulgence. This attitude will make the child arrogant and arrogant. The spoiled child cannot be expected to stand alone when he grows up. Even his abilities will regress and be unable to solve his own problems. The contributing factors are love that always fulfills his wishes, defends his actions even though they are wrong and always helps his work to the lightest. Excessive indulgence and affection can be seen in the help of parents towards children who are aware of the purpose of satisfying and pleasing children without thinking about the interests of their development. The satisfaction and pleasure obtained by children will inhibit their potential until they are stimulated to appear, so that children remain weak individuals, tend to be selfish, do not respect others, are irresponsible and always depend on others. The occurrence of conflict in the family is caused by several factors such as; economic factors, marrying at a young age, and health factors.

### 3. Method

The survey ran from September 2021 to August 2022. In principle, all scientific work requires concrete data [32]. Of course, in order to obtain the data, we have to perform a specific method corresponding to the problem under discussion [33][34]. Therefore, in discussing this scientific study, the authors use descriptive analytical methods, investigations focused on solving current problems. The techniques used for data collection are.

### 4. Results and Discussion

Many things have led to domestic disputes/fights involving both married couples. Others; Children's behavioral development, Children's intellectual development, Children's religious development.

#### 4.1 Child Behavior Development

Among the basic factors that cause child deviance is the occurrence of disputes and acute conflicts between parents every time they meet. Every time the child opens his eyes, what is seen is hostility in front of his eyes so that he will immediately leave the house and will run away to other places to find friends to play and hang out with to fill the void. If friends are evil and have bad character, it is not impossible that they will be carried away and infected. This situation will get worse if a divorce between parents occurs so that the children will usually become naughty and he will lose his grip. In the context of forming morals/behavior, children must be treated with gentleness, full of love, good parental habits will cause children to imitate happily because they feel happy with such treatment. If the child's personality is formed from experience, good character and behavior, then by itself the values and moral principles will become the joints in the growth of his personality which in turn can control bad desires that are contrary to the interests of many people.

This can be achieved if the household atmosphere is filled with a sense of security and love, as the word of Allah SWT in the letter Ar-Rum verse 21 which means: "... So that you tend and feel at ease with him, and He made love between you..." (Ar-Rum: 21). This verse indicates that love is very necessary in a household, because children are more inclined to imitate, imagine and identify themselves with the conditions felt in the household. For this reason, it is necessary as soon as possible for parents and prospective parents to learn the minimum basics that must be contained in moral or moral education. Moral or moral education in childhood should be carried out by parents, namely by getting used to behaving and having morals that are in accordance with religious teachings, such as honesty, fairness and so on, parents must be an example, because children, especially in toddlers, have not been able to understand what their parents saw. Likewise, children who are raised in households that are always hit by conflicts or disputes will affect the mental, physical and mental growth and behavior of children in everyday life. However, as a result of the lack of parental care, children's delinquency finally arises as a result of the lack of moral education and parental attention. "In tackling child delinquency, it is not enough just to be given punishments such as corporal punishment, beatings, all these ways are not possible to return bad children to good and healthy character". Because the corporal punishment can only have an effect in a short period of time, but in order to prevent children from delinquency, parents must first establish the basics of religion into their child's chest by filling their free time regularly and by experiencing the teachings of their religion. This cannot be done properly except in a safe, peaceful and harmonious family condition.

#### 4.2 Children's Intelligence Development

Parents play an important role in increasing the development of the child's intelligence, without encouragement and stimulation from parents, it is clear that the development of the child's intelligence will be hampered. Here also the existence of the household situation is very influential in the continuity of children's education. Alex Sobur argues, that: A child who may be potentially intelligent but whose achievement is very low because of the bustling atmosphere of the house, so it is impossible for him to focus on the lessons he is learning, as well as the unsupportive social situation of the family, which is always hit by squabbles. , it is certain that children's education will be hampered. From the quote above, it is true that the existence of a peaceful family atmosphere is very supportive for the development of the child's intelligence, when compared to a harmonious family atmosphere that is always hit by disputes. In a crisis-stricken household, nothing can add value to the child, but misery and disaster. In addition, there are two very important factors that need to be considered by parents in developing the level of intelligence, namely "Factors before birth (pre-natal period) and factors after birth (post-natal period)".

##### a) The Pre-natal Period

This factor is very important to note because it affects the development of the child after birth, especially the mother during pregnancy, it is very important to pay attention to the factors of regulating eating, maintaining health, and inner peace.

##### b) The Post-natal Factor.

The factors that are very important to be considered by parents in helping the development of the level of intelligence (intelligence) after the child is born are as follows: "First, instilling a soul of love, Second, maintaining children's health and Third, developing children's creativity".

All of the above factors can run smoothly if the family, namely the father and mother, always pays attention to the needs of the child. but if the parents are always at odds and experiencing continuous conflict then the factors mentioned above cannot be lived by the parents, because they are always in a prolonged conflict so that it will adversely affect the development of the child's intelligence, where later the child The child will experience a mental shock, so that even though by nature the child is intelligent, because the environment does not support it, over time, his intelligence will decrease.

#### 4.3 Children's Religious Development

At the time of birth, he already carries religious feelings or is called the soul of human nature. This is in accordance with the word of God which means: "So turn your face straight to the religion (Allah), stay on the nature of Allah who has created humans according to that nature, there is no change in the nature of Allah (that is the straight religion) but most people do not know. " (Q.S. Ar-Ruum: 30). To foster this religious feeling, the role of parents is very decisive towards the attitude of the child, where the child from a young age can be guided and guided to a good path, so that in this way it is hoped that the child will have a qarimah (noble) personality and morals in accordance with the word of God. The Prophet which means: "every child is born in a state of fitrah, then it is his parents who make him Jewish or convert him or promote him". (H.R. Muslim). Household is a very important factor in which children receive the first and foremost education. Parents as responsible for the household must understand and practice religious teachings as well as educate and teach proper and practical worship to him according to the age of the child.

On the other hand, if parents do not understand religious teachings and never practice them in the household, then children cannot be expected to become useful human beings in society. This is in accordance with what was said by Dr. Zakiah Daradjat, namely: "However, we are very sorry to see the fact that there are many parents who do not understand the teachings of their religion. In fact, there are many who look down on the teachings of this religion, so that it is practically never implemented in many families." Thus it is clear that the household is the first place for children to receive education. Relationships and relationships in the household must reflect life as a Muslim in each of its members, both actions, concerns and attitudes must all complement all aspects contained in religious life. So parents must always practice religion in their lives both at home and in society. In addition to setting an example, parents must familiarize their children in following and teaching something that is desired by Islamic law, both in the fields of worship, morals, children must be accustomed to prayer, fasting, and all God's commands in accordance with the child's development phase, as The Prophet SAW said: Meaning: Tell your children to pray when they are seven years old, and beat them for leaving them when they are ten years old and separate their beds. (H.R. Abu Daud). The hadith above illustrates that if religious education is not given from a young age, it will cause bad things in their lives after they enter their teens, in accordance with what Zakiah Daradjat stated, namely: "there are no elements of religion in his personality, so that when he grows up he will tend to be indifferent, anti-religious or at least he will not feel the importance of religion for himself. In connection with the quote above, it is in accordance with the basis of the Pancasila state with its first precepts, Belief in the One and Only God. Because of this Dr. Zakiah Daradjat explained: The personality of a citizen must contain belief and devotion to God, the belief that makes the personality happy is not only spoken verbally, but must be accompanied by actions. And this may be achieved precisely and quickly is through religious education.

Children who live in families that are always hit by conflict or disputes will feel that religion is not able to reduce conflict between their parents. Because children receive religious education at a young age and know that religion can create peace of mind, but the reality is the opposite. With circumstances like this it will arise as a kind of conflict in the



child, including doubts about religion when he grows up. If parents who live are always in conflict / conflict, it is clear that he does not have time to think about religious education for his children. He never gives religious training to his children and does not set a good example for his children, there are only fights that are constantly shown to their children, so that their children never get religious education exercises that will have a bad effect. on the child's further personal development. Thus it is clear that children really need religion in life and daily life, in families, schools and communities for the safety and happiness of their lives in this world and the hereafter.

#### 4.4 Efforts to Prevent the Impact of Conflict in the Family

The fostering of the child's personal development starts from the time the child is in the womb until it reaches maturity, when the child is still in the womb, the mother is instructed to pay attention to her health because the mother's health will affect the growth and development of the fetus in the womb, even religion provides relief in its implementation, such as fasting which if implemented can interfere with the health of the fetus. Likewise, children born into the world are recommended to call to prayer, as the hadith of the Prophet SAW which means: "From Abdillah Bin Abi Rafi 'from his father, said: I saw the Messenger of Allah call to prayer in the ears of Hasan Bin Ali when Fatimah was born, like the call to prayer." (H.R. Abu David). Furthermore, the aqiqah ceremony and giving a good name, as gratitude to Allah for having increased family members as the words of the Prophet SAW which means: "From Qatadah from Hasan from Samrah, Rasulullah SAW said: every child is pawned by his aqiqah which is slaughtered on the seventh day." from his birth), his hair was shaved and he was given a name." (H.R. Ibn Majjah). Parents are required to continue educating their children as well as possible so that they become children who have independent personalities. Therefore, there are certain things that parents must do in the implementation of fostering the personal development of children in the family.

##### a) Creating a harmonious atmosphere and a good role model in the family.

A happy household is one where husband and wife and their family members live in peace and quiet, safe, harmonious and peaceful, peaceful and happy, away from disputes and disputes that lead to the collapse of the household. Actually every husband and wife wants domestic happiness, but this household will not achieve happiness if it is not accompanied by inner and outer tranquility, harmony and happiness, where the husband pours out his heart, love and affection so that peace and tranquility are achieved which are the main bases of peace. in the household. In Islamic teachings, the family is charged with the obligation to educate and foster and familiarize children because children basically like to imitate every movement made by each parent. Parents as educators and mentors as well as fostering their children must be observant in understanding their child's development and growth. Do not show bad morals in front of children or their families. All actions of parents as educators must reflect the personality of an old person who has good character and personality in order to protect and educate children and their families who are their responsibility. Parents are role models of personality for their children, so that in this case there should be no parental behavior that is contrary to moral principles, because parents are people who are imitated and followed by all their behavior. In this case Dr. Zakiah Daradjat stated "Every experience that the child goes through in his life, whether through experience, hearing, treatment he receives and so on, becomes a part that shapes his personality. So the child who often hears his parents say the name of Allah will begin to know Allah which can then help the growth of the religious spirit in him [34]. And if the child often sees his parents or everyone he knows performing worship, then the result of his vision is another seed in fostering the spirit of religion in him. Likewise, with the association of their parents with each other, the treatment they receive personally or together with their siblings, if it reflects love and peace, will also increase the feeling of affection and security in their souls. This will help him to love God. But on the other hand, if the experiences that the child goes through in the early stages of personal formation (in the family) are far from religious elements, then the sense of religion in the child and his personality will also be empty. Creating a harmonious atmosphere and good role models in the family has a very big influence on children in fostering their personal growth and development in a good direction and is expected by religion. If parents have good habits in their household when dealing with Allah and their neighbors, it can also make their children a good experience and example that they accept and cannot forget until they are adults, and can be used as capital in their lives. both to carry out worship to God and when teaching interactions with each other. Good role models and attitudes and speech are good and successful ways to educate and nurture children who have noble and commendable character, because the obligations of parents are not only limited to providing a living, good clothes and food, but also parents It is also obligatory for them to educate them with good character with good manners according to the guidance of "*akhlakul karimah*", as recommended by Rasulullah SAW for every family to be able to inherit to their children good character and good manners for them. Inheritance and parental gifts are very valuable and beneficial for children when they are adults, namely giving and applying good morals and character since the children are still small. Thus it is clear that creating an atmosphere and good role models in the household greatly determines the good growth and development of personality for children to carry out their lives in society, nation and state, so that they are free from despicable morals that are displeased by Allah, religion, society and society. country.

##### b) Efforts to cultivate faith in the family

There are several principles that should be considered by parents in planting Faith in the hearts of their children in the family. "First, fostering a harmonious and close relationship between husband and wife (Father and Mother);

second, fostering a harmonious and close relationship between parents and children, and third, (getting used to, setting an example) in accordance with Islamic teachings. Every child, especially in the early period of growth likes to imitate their parents. Boys usually imitate their fathers, girls imitate their mothers. The two parents have always been objects of concern for their children, objects that are also their pride as ideal figures. If the parents seem to always be in harmony, peace, harmony, then the situation will please the child, bringing a sense of calm to his soul. The calmness of the child's soul will have an influence on his behavior both at home and outside. The obligation of parents in this case is clear, namely to show calm, peace in front of their children, there are also certain times when parents disagree, do it beyond the knowledge of children, try to really hide it. The first and foremost thing in fostering a close relationship between parents and their children is the affection between the two of them. Every parent knows this and often does it in their own way. "Besides love, there is something else that is needed, namely a sense of security, especially when he is growing, that is, from childhood, until adulthood he must feel safe at home, outside the home, and at school." If it is not safe at home, the child will look for security elsewhere. If it is not safe at school, then he will be lazy to go to school. This is also the reason for the need for cooperation between schools and households. In addition to maintaining intimacy, children need appreciation, this can be done when he is successful in a job or task. The best rewards are psychological ones, such as praise, in the form of objects, but don't forget the psychological gifts. Children also need success, this can increase the intimacy of children and parents. Parents must help their children to succeed. Children who too often feel that they have failed will be disappointed, if they are repeatedly frustrated, they will feel insecure, this will be dangerous for their development. The implementation of faith education in the household is very important including educating children to always do prayers and other worship with a condition that parents must first do it or set an example for their children to worship.

Lukmanul Hakim is an exemplary parent whose name is glorified by Allah SWT in the Qur'an, he is very concerned about his child's education, as stated in the letter Luqman verse 7 which means: O my son, establish prayer and command (humans) do what is good and prevent (them) from doing what is evil and be patient with what befalls you, indeed that is one of the things that Allah has required." (Q.S. Luqman: 17). This verse implies that good parents are those who want to order, educate, and guide their children to things that are required by Allah SWT. Such as: praying, calling out to leave what is evil, and doing what is right, this will achieve what parents and religion want, namely the creation of kamil people. If parents have been able to direct, guide, and nurture their children through education as mentioned above, then they have succeeded in giving birth to a young generation who is loved and blessed by Allah SWT and has a good personality and big spirit in dealing with a problem. . But if parents wrongly educate, it will result in the birth of humans who are dwarf, will be virtuous and naughty humans who do not pay attention to their rights and obligations to their khaliq/creator and are irresponsible. Conflicts in the family will cause deviations in children, namely behavioral deviations, intelligence development and religious development, all of which will hamper the growth and development of the child in knowing himself and his environment. Therefore, efforts are needed to improve himself, both in the form of religious and psychological approaches that are carried out by the family environment and the surrounding community. Thus the child will gain confidence in himself and in others.

## 5. Conclusion

Domestic conflicts are disagreements, quarrels, arguments, and squabbles that occur between husbands and wives who live in the same household as their children. There are cases of marital disputes, communication disruptions between husband and wife, divorces, and many other types of conflict within the home. Conflicts that occur within the family are a very big problem that affects the harmony within the family. Many factors cause conflict within families, including economic factors, early marriage factors, and disease factors. The family is known as the first and most important institution for children. Conflicts that occur within the family therefore have a great impact on the behavioral development of the child, on the intellectual development of the child, on the development of the religious soul of the child. In order to realize a child who is healthy both physically and mentally, the elements of harmony, safety and love within the family have a great influence on the development of a child's personality. Suggestions the authors can convey include: 1) I hope that all parents are able to give serious attention to the personal growth and development of their children. 2) To school educators who work in partnership with parents to ensure a smooth teaching and learning process for students at school. Children's personal development and 4) role models and academics in community education, and governments should be able to advise students. Each family on domestic conflicts.

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